



Employeeeship

Build trust, improve communication, & strengthen collaboration.

In a world where change is the only constant, dynamic teams and strong collaboration are more important than ever.

We offer engaging and challenging exercises designed to improve collaboration, build trust, and strengthen communication within your organization — all while having fun together.

Through a combination of practical and team-building activities, where each exercise provides direct feedback and valuable insights, we create not just a learning experience. It also becomes an opportunity to reflect, grow, and deepen relationships between colleagues - both personally and professionally.

Here are some examples of exercises:
Involve - An exercise where each individual's contribution is crucial to solving the task.

ALTERNATIVE 1

1 hour

- Employeeeship

Starting fee: 7.000 SEK

Per person: 350 SEK

VAT will be added

A simple exercise that puts collaboration and involvement in focus.

Trust - In this challenge, the group is tasked with building trust by crossing an imaginary "acid river" - without losing any materials or team members along the way.

Communicate - An exercise that tests and strengthens your ability to influence and lead through action. Blindfolded participants must work together to form a square.

Collaborate - In this exercise, everyone in the group must cooperate to move objects from one place to another - a practice in collective problem solving and harnessing the team's shared energy to achieve success.

Through active co-leadership and engagement, you gain not only insights that can be directly applied in the workplace, but also a shared experience that builds cohesion, trust, and a culture of open communication.

Give your team the opportunity to grow - and build stronger, more successful collaborations for the future.

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Information

- Outdoor activity, all year round
- Teambuilding
- Suitable for small and large sized groups

